

Atchison Recreation Heat Procedures

White Zone- Heat Index ranging from 85-95. Coaches are encouraged to make sure that players stay properly hydrated and that players are properly substituted for. No other measures taken.

Yellow Zone- Heat index ranging from 96-115. Players will be allowed extra time in the dugout in between each half inning. Coaches need to make sure that players are staying hydrated and also make sure there are no signs of heat exhaustion. Catchers will not be allowed to catch more than 2 consecutive innings.

Red Zone- If the heat index reaches 116 or higher, games will be pushed back 30 minutes from their scheduled start times. If, after 30 minutes, the heat index has not moved back into the playable range, all games will be postponed for the evening.

You can sign up for weather related texts at www.rainedout.com Search for Atchison Recreation, enter your cell number or email and then follow the directions. Please remember that temperatures fluctuate throughout the day. We will do our best to send out the information in a timely manner.